



Head Office: The Old Grammar School, 3-7 Market Square, Amersham, Bucks. HP7 ODF  
Tel: (44) 1494 434600 Email: [foodnettechnical@foodnet.ltd.uk](mailto:foodnettechnical@foodnet.ltd.uk)

| Technical Specification              |                                   |                                |
|--------------------------------------|-----------------------------------|--------------------------------|
| <b>Product:</b><br>Broccoli Rice IQF | <b>Last Update:</b><br>31/01/2026 | <b>Product Code:</b><br>BRO014 |

**PACK SIZE** 1 x 10kg; 1 x 15Kg;

**ORIGIN:** Spain

**GENERAL** The product shall be prepared from fresh sound raw material that is free from all toxic residues and taints and shall comply with all current UK/EU Food Legislation. The product is intended to be used as ingredient that is further processed and heat-treated before final consumption (minimum of +75°C for 30 seconds).

**INGREDIENTS** Broccoli 100% Declare as: Broccoli  
(*Brassica oleracea* var. *italica*)

**PROCESSING** Broccoli is harvested, delivered to the factory to be floretted and diced. Each load is sampled and assessed for foreign material and physical defects. The load is then cleaned, blanched, frozen, size graded and filled into bulk palletainers. The frozen broccoli is sampled and assessed against specification. The palletainers are then labelled and transferred to the cold store, where they are stored at -18°C until required for packing.

**PACKING** During packing, the broccoli rice is inspected before weighing and filling into blue poly lined cartons. The cartons are Best Before and Production date coded, check weighed, metal detected, palletised and stretch-wrapped before being returned to store at -18°C to await despatch.

#### **DEFECT TOLERANCES**

| <b><u>Per 1000g</u></b> | <b><u>Maximum</u></b> |
|-------------------------|-----------------------|
| Foreign Matter          | Nil                   |
| Green leaves            | 2%w/w                 |
| Colour Defect           | 5%w/w                 |
| Oversize >10mm          | 10% w/w               |

#### **DEFINITIONS OF DEFECTS**

##### **Foreign Material**

This includes any material not derived from the broccoli plant or defined as EVM, such as insects, pieces of insects, wood, glass, stones, metal, sand, grit, plastic or any other material which will render the product unacceptable.

##### **Green leaves**

Pieces of leaves derived from the broccoli plant.

|                     |                           |                |                               |                                   |
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**Colour Defect**

This includes broccoli units that have colour defects due to blemish or oxidation.

**Oversize**

These are units that are greater than 10mm in any dimension.

**ORGANOLEPSIS** (Carried out on a thawed sample.)

**COLOUR**

Fairly bright green but may be slightly non-uniform.

**FLAVOUR**

Characteristic broccoli flavour, with only slight bitterness.

**TEXTURE**

Tender and firm, with a yielding bite. Stalks may be slightly fibrous.



Average sample

|                     |                           |                |                               |                                   |
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#### **MICROBIOLOGICAL**

| Organism               | Target          | Maximum         |
|------------------------|-----------------|-----------------|
| <i>TVC @ 30°C</i>      | $5 \times 10^4$ | $1 \times 10^6$ |
| <i>Total Coliforms</i> | $1 \times 10^3$ | $3 \times 10^3$ |
| <i>E. coli</i>         | $1 \times 10^1$ | $1 \times 10^2$ |
| <i>Listeria mono</i>   | Absent in 25g   | $1 \times 10^2$ |
| <i>Salmonella</i>      | Absent in 25g   | Absent in 25g   |

**ANALYTICAL** Product shall be blanched to give a negative peroxidase reaction (guaiacol test) between 50 and 60 seconds.

**WEIGHT CONTROL** The product shall be packed to minimum weight.

**METAL DETECTION** All cartons shall be passed through a metal detector. The system shall be tested at least every 2 hours using ferrous, non-ferrous and stainless-steel test pieces.

**BEST BEFORE DATE** The product shall be twenty-four months following the month of packing. Minimum BB date on delivery: 6 months.

**TRACEABILITY INFO** Production date or Lot number printed on the label as well as customer order number and/or delivery date.

**STORAGE CONDITIONS** Keep frozen at - 18°C at all times.

**CARTON LINERS** Blue food grade polythene liner of a minimum thickness of 30µm.

**CARTONS** Corrugated fibreboard of glued construction, no metal staples to be used. Shall be sealed using blue adhesive tape.

**SACKS** Blue food grade polythene sack of a minimum thickness of 110µm.

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## **NUTRITIONAL INFORMATION**

This data conforms to the requirements of EC Council Directive 90/496/EEC

100g of uncooked broccoli typically contains: -

| Parameter               | Value / 100g | Methodology                                 |
|-------------------------|--------------|---------------------------------------------|
| Energy - kcal           | 34           | McCance & Widdowson 7 <sup>th</sup> Edition |
| Energy - kJ             | 149          | McCance & Widdowson 7 <sup>th</sup> Edition |
| Moisture                | 88.2g        | McCance & Widdowson 7 <sup>th</sup> Edition |
| Carbohydrate            | 3.2g         | McCance & Widdowson 7 <sup>th</sup> Edition |
| - as sugars             | 1.9g         | McCance & Widdowson 7 <sup>th</sup> Edition |
| - as starch             | 0.6g         | McCance & Widdowson 7 <sup>th</sup> Edition |
| Fat                     | 0.6g         | McCance & Widdowson 7 <sup>th</sup> Edition |
| - as saturates          | 0.2g         | McCance & Widdowson 7 <sup>th</sup> Edition |
| - as mono unsaturates   | 0.1g         | McCance & Widdowson 7 <sup>th</sup> Edition |
| - as poly unsaturates   | 0.3g         | McCance & Widdowson 7 <sup>th</sup> Edition |
| Protein                 | 4.3g         | McCance & Widdowson 7 <sup>th</sup> Edition |
| Fibre                   | 2.5g         | McCance & Widdowson 7 <sup>th</sup> Edition |
| Sodium                  | 9mg          | McCance & Widdowson 7 <sup>th</sup> Edition |
| Vitamin B <sub>6</sub>  | 0.13mg       | McCance & Widdowson 7 <sup>th</sup> Edition |
| Vitamin B <sub>12</sub> | 0µg          | McCance & Widdowson 7 <sup>th</sup> Edition |
| Vitamin C               | 79mg         | McCance & Widdowson 7 <sup>th</sup> Edition |
| Vitamin D               | 0µg          | McCance & Widdowson 7 <sup>th</sup> Edition |
| Vitamin E               | 1.7mg        | McCance & Widdowson 7 <sup>th</sup> Edition |
| Thiamin                 | 0.15mg       | McCance & Widdowson 7 <sup>th</sup> Edition |
| Riboflavin              | 0.12mg       | McCance & Widdowson 7 <sup>th</sup> Edition |
| Niacin                  | 0.8mg        | McCance & Widdowson 7 <sup>th</sup> Edition |
| Folic Acid              | 95µg         | McCance & Widdowson 7 <sup>th</sup> Edition |
| Biotin                  | 4.1µg        | McCance & Widdowson 7 <sup>th</sup> Edition |
| Pantothenic Acid        | 0.61mg       | McCance & Widdowson 7 <sup>th</sup> Edition |
| Calcium                 | 48mg         | McCance & Widdowson 7 <sup>th</sup> Edition |
| Phosphorus              | 81mg         | McCance & Widdowson 7 <sup>th</sup> Edition |
| Iron                    | 1.1mg        | McCance & Widdowson 7 <sup>th</sup> Edition |
| Magnesium               | 22mg         | McCance & Widdowson 7 <sup>th</sup> Edition |
| Zinc                    | 0.7mg        | McCance & Widdowson 7 <sup>th</sup> Edition |
| Iodine                  | 2µg          | McCance & Widdowson 7 <sup>th</sup> Edition |
| Potassium               | 397mg        | McCance & Widdowson 7 <sup>th</sup> Edition |

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### **GMO DECLARATION**

I confirm that this product is not genetically modified or produced from genetically modified organisms. No genetically modified organisms have been used as processing aids or additives. This product does not require specific GM labelling as per Regulation (EC) 1829/2003.

Name: Gianluca Oberto

Job Title: Technical Manager

Signature: 

Date: 31<sup>st</sup> January 2026

### **IRRADIATION POLICY**

I confirm that the product supplied by Foodnet Limited under this specification has not undergone any irradiation treatment or process. I further confirm that no ingredient or processing aid used in conjunction with this product has undergone irradiation treatment.

Name: Gianluca Oberto

Job Title: Technical Manager

Signature: 

Date: 31<sup>st</sup> January 2026

### **COSHH Data**

Treat as you would any frozen material i.e. if engaged in prolonged handling of the fruit wear gloves.

Care should be used when lifting full cases of frozen fruits.

There are no other perceived COSHH implications regarding the use of frozen fruits.

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## **FOOD INTOLERANCE**

| <b>Food Intolerance Data</b>                                                                                                                                               |                     |                                   |                     |                |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------|-----------------------------------|---------------------|----------------|
| Does the material supplied contain any of the following? (NO) Absent, (YES) Present                                                                                        |                     |                                   |                     |                |
| <b>Allergen</b>                                                                                                                                                            | <b>NO / YES</b>     | <b>Reason for presence if YES</b> |                     |                |
| Milk & Milk Derivatives                                                                                                                                                    | NO                  |                                   |                     |                |
| Egg & Egg Derivatives                                                                                                                                                      | NO                  |                                   |                     |                |
| Animal Products (*)                                                                                                                                                        | NO                  |                                   |                     |                |
| Fish/Shellfish/Crustaceans/Molluscs                                                                                                                                        | NO                  |                                   |                     |                |
| Cereals (**)                                                                                                                                                               | NO                  |                                   |                     |                |
| Gluten                                                                                                                                                                     | NO                  |                                   |                     |                |
| Yeast/Yeast Extract                                                                                                                                                        | NO                  |                                   |                     |                |
| Soya/Soya Derivatives                                                                                                                                                      | NO                  |                                   |                     |                |
| Fruit & Fruit Derivatives                                                                                                                                                  | NO                  |                                   |                     |                |
| Beef & Beef Products                                                                                                                                                       | NO                  |                                   |                     |                |
| Pork & Pork Products                                                                                                                                                       | NO                  |                                   |                     |                |
| Lamb & Lamb Products                                                                                                                                                       | NO                  |                                   |                     |                |
| Poultry & Poultry Products                                                                                                                                                 | NO                  |                                   |                     |                |
| Legumes                                                                                                                                                                    | NO                  |                                   |                     |                |
| Peanuts                                                                                                                                                                    | NO                  |                                   |                     |                |
| Sulphite >10ppm                                                                                                                                                            | NO                  |                                   |                     |                |
| MSG                                                                                                                                                                        | NO                  |                                   |                     |                |
| BHA / BHT                                                                                                                                                                  | NO                  |                                   |                     |                |
| Benzoates                                                                                                                                                                  | NO                  |                                   |                     |                |
| Glutamates                                                                                                                                                                 | NO                  |                                   |                     |                |
| Azo & Coal Tar Dyes                                                                                                                                                        | NO                  |                                   |                     |                |
| Added Colour                                                                                                                                                               | NO                  |                                   |                     |                |
| Added Flavour                                                                                                                                                              | NO                  |                                   |                     |                |
| Preservatives                                                                                                                                                              | NO                  |                                   |                     |                |
| Antioxidants                                                                                                                                                               | NO                  |                                   |                     |                |
| Added Salt                                                                                                                                                                 | NO                  |                                   |                     |                |
| Nuts/Nut Oils                                                                                                                                                              | NO                  |                                   |                     |                |
| Caffeine                                                                                                                                                                   | NO                  |                                   |                     |                |
| Sesame Products                                                                                                                                                            | NO                  |                                   |                     |                |
| Garlic                                                                                                                                                                     | NO                  |                                   |                     |                |
| Poppy Seeds                                                                                                                                                                | NO                  |                                   |                     |                |
| Mustard                                                                                                                                                                    | NO                  |                                   |                     |                |
| Celery/Celeryiac                                                                                                                                                           | NO                  |                                   |                     |                |
| Lupins                                                                                                                                                                     | NO                  |                                   |                     |                |
| *Including any product derived from slaughtered animals, e.g. gelatine, rennet                                                                                             |                     |                                   |                     |                |
| **Including wheat, corn, barley, rye, oats, etc.                                                                                                                           |                     |                                   |                     |                |
| <b><u>Please be aware the manufacturing sites we supply this item from may handle allergens in production. Procedures are in place to prevent cross-contamination.</u></b> |                     |                                   |                     |                |
| <b>Is this product Suitable for:</b>                                                                                                                                       |                     |                                   |                     |                |
| <b>Vegans</b>                                                                                                                                                              | Yes (Not certified) | <b>Vegetarians</b>                | Yes                 | <b>Organic</b> |
| <b>Halal</b>                                                                                                                                                               | Yes (Not certified) | <b>Kosher</b>                     | Yes (Not certified) |                |

|                     |                           |                |                               |                                   |
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### **FOOD ADDITIVES**

| E. Number | Name | In Which Ingredient | Function in Ingredient | Function in Final Product | % In Final Product |
|-----------|------|---------------------|------------------------|---------------------------|--------------------|
| None      |      |                     |                        |                           |                    |
|           |      |                     |                        |                           |                    |

THE CONTENTS OF THIS SPECIFICATION ARE CONFIDENTIAL TO FOODNET LTD AND THE CUSTOMER, AND MAY NOT BE DISCLOSED TO ANY OTHER PARTY.

Signed on behalf of Foodnet Ltd:

Name: Gianluca Oberto

Job Title: Technical Manager

Signature: 

Date: 31<sup>st</sup> January 2026

Signed on behalf of the Customer:

Name:

Job Title:

Signature:

Date:

|                     |                           |                |                               |                                   |
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## **PROCESS INFORMATION**

### **PROCESS FLOW CHART\***

\*Note: this is a generic flow chart which does not refer to any specific production site.

#### **BROCCOLI RICE**

Raw Material Receipt → QA Check



Inspection



Washing



Floretting and cutting



Blanching



Cooling



Inspection



Dewater



Freezing → -18°C QA Check



Grading



Weighing



Carton Fill → QA Check



Check Weigh



Metal Detection → QA Check



Palletise



Cold Storage → -18°C



Despatch → -18°C

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### Issues & Amendments

| Issue N° | Amend. N° | Date       | Amendments                       | Compiled by |
|----------|-----------|------------|----------------------------------|-------------|
| 4        | 1         | 11/08/2025 | New entry                        | G. Oberto   |
| 5        | 1         | 31/01/2026 | 3 Year update – general revision | F. Soares   |
|          |           |            |                                  |             |
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